

## CHAPTER S-1

# Liturgical Year: Advent



**“Prepare the way of the Lord.”** (Mark 1:3)



### Let's Pray

Dear God, thank you for your love. Help us to prepare our hearts for Jesus this Advent season. Amen.



### Let's Proclaim the Good News

During Advent we prepare for Jesus to come into our hearts.

We wait for  
Christmas.





# Let's Read God's Word

“Prepare the way of the Lord.”

(Mark 1:3)



God's people waited a long time for the Savior. Advent is a time of waiting and preparing for Jesus' coming.





# We Prepare Our Hearts

We prepare our hearts to welcome Jesus. We are sorry for our sins. We do kind things for others.



## Advent: Prepare Your Heart for Jesus!

Find and circle the words below.

HOPE

PEACE

JOY

LOVE

KINDNESS

PRAYER

	D	J				K	W				
	G	S	E	N		B	V	H	P		
P	E	A	C	E	A	L	T	L	O	V	E
	K	I	N	D	N	E	S	S	P	U	
	X	J	O	H	B	M	I	E			
		P	R	A	Y	E	R				
		U	J	O	Y						
		W	V								



# We celebrate Advent in many ways.



## Let's Live Our Faith

Preparing our hearts for Jesus.



## Advent Wreath Color by Number

Color the Advent wreath using the following colors:

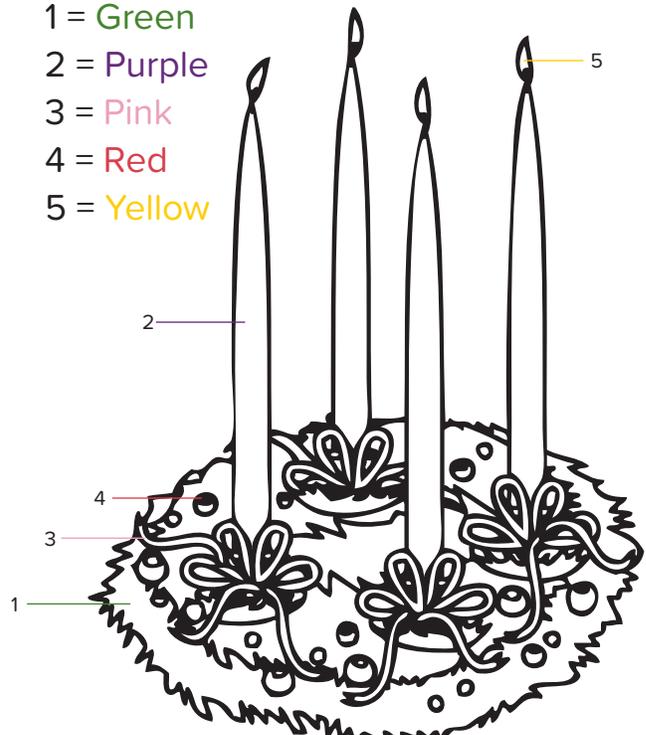
1 = Green

2 = Purple

3 = Pink

4 = Red

5 = Yellow





# Let's Remember Our Faith

God's people waited as he prepared them for the Savior. During Advent we prepare our hearts for Jesus to come on Christmas.



## Let's Pray

Dear God, Thank you for your love. Help us to prepare our hearts for Jesus this Advent. Amen.

# Family Faith

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### Let's Proclaim the Good News

During Advent we prepare for Jesus to come into our hearts.

### Chapter Summary

In the Old Testament, God promised to send a Savior, and he prepared his people for the Savior to come. The New Testament stories show us that God kept his promise. Each year during Advent, we wait and do many things to prepare our hearts to celebrate the coming of our Savior, Jesus Christ, at Christmas.

### More for Parents

The best gift you can give your children this Christmas season is the gift of their faith. During Advent, spend time praying as well as reading Bible stories and reading about the lives of the saints. Most of all, be a witness to the faith in everything you do. Teach by example, especially in small acts of kindness and forgiveness.

### Our Family Prays Together

Dear God, Thank you for your love. Help us to prepare our hearts for Jesus this Advent season. Amen.

### Let's Talk about It as a Family

- *Did God's people have to wait a long time for the coming of the savior? (Yes.)*
- *What do we call the four weeks of preparation for Christmas? (Advent.)*

- *What color do we use during Advent to remind us to be sorry? (Purple.)*
- *What do we use to count the weeks of Advent? (Advent wreath.)*

### Let's Live Our Faith

Choose one or more of the following:

- Prepare for Christmas by having each family member tell that he is sorry for the wrongs he has done and asking for each other's forgiveness. Talk about how God forgives us and how we should forgive those who have hurt us.
- Discuss some other things that your family can do during Advent to prepare your hearts for the coming of Jesus.

### Family Faith Activities

Choose one or more of the following to do as a family:

- As a parent, nurture the virtue of love in your family this Advent season. Have everyone in the family take turns doing random acts of kindness for one another. Each time someone makes an act of kindness, add a piece of straw to the empty manger (made out of construction paper) to prepare for the coming of Jesus on Christmas.
- Make an Advent wreath for your kitchen table. Light the candles each night at dinner time. Say a prayer asking Jesus to help your family to prepare for his coming at Christmas.
- Help others who are less fortunate by adopting a family for Christmas through your parish. Have your children earn money to pay for these gifts so that they can appreciate the gift of giving of themselves.

For more family faith formation resources go to [www.wordoflifefseries.org/parents](http://www.wordoflifefseries.org/parents).