

The Holy Trinity

Anonymous, 18th century



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Prayerfully look at the above picture and quietly reflect and answer questions together. Begin and end with the Sign of the Cross.

Let's pray together:

Dear God, as we look at this beautiful work of art, help us to see that there are three Divine Persons in one God.

Notice that God the Father has a white beard. God is not really an old man, but seeing him this way, helps us to imagine him as our loving Father.

Do you see God the Son is in red, holding his Cross? (Pause.) God the Son is Jesus.

Do you see the dove between the Father and the Son? (Pause.)

The Holy Spirit is not really a dove, but a dove helps us to imagine how the Holy Spirit brings us God's love and peace. God the Holy Spirit is between the Father and the Son because he is one with the Father and the Son; he is the Spirit of both the Father and the Son.

God the Father, God the Son, and God the Holy Spirit, help us to share in your perfect love. Amen.