

The Return of the Holy Family from Egypt

Nicolas Enriequez, 1773, oil on copper, Metropolitan Museum of Art, New York, NY



from Metropolitan Museum of Art

Prayerfully look at the above picture and quietly reflect and answer questions together. Begin and end with the Sign of the Cross.

Let's pray together:

Dear God, as we look at this beautiful work of art, help us to see the love of the Holy Family.

Look carefully at this painting. (Pause.)

Notice the Blessed Trinity: God the Father is in Heaven above. God the Son, who is Jesus, is the child in the center of the picture. (Pause.)

- *God the Holy Spirit is seen as the dove above Jesus. The three Divine Persons of the Blessed Trinity are one God, and they love each other perfectly.*
- *We also see three other persons: Mary, Joseph, and Jesus, who are on a journey. They are called the Holy Family because they love each other and always want what is best for the other.*

Think about what you can do in your family to be more like the Holy Family by loving one another (Pause.)

Dear Jesus, thank you for the gift of my family. Please help my family to be more like the Holy Family. Amen.