

Fridolin Assists with the Holy Mass

Peter Fendi, 1833, gouache, watercolor, and graphite on board, J. Paul Getty Museum, Los Angeles, CA



from Getty Museum

Prayerfully look at the above picture and quietly reflect and answer questions together. Begin and end with the Sign of the Cross.

Let's pray together:

Dear God, as we look at this beautiful work of art, help us to worship you with reverence and love.

Look carefully at this painting. (Pause.)

Do you see the priest who is offering the Body and Blood of Jesus? (Pause.)

Do you see that the people are reverently kneeling and bowing at this moment in the Mass? (Pause.)

The people in this painting have come to Mass to worship God. We too worship God with our bodies by kneeling, genuflecting, bowing, and folding our hands.

Dear Jesus, help us to be as reverent as the people in this painting. We can see that they love and respect you. We love you, and we want to show our love by coming before you with reverence and love. Amen.